

In The Kitchen Activities for Tuesday

On the Move

Ice Cream Roll

Making ice cream can be a workout, too!

Materials:

- Heavy cream/milk (Optional: milk alternative)
- Sugar
- Ice
- Ice cream rock salt
- Ziplock bag
- Coffee can/round plastic container with lid
- Tape

Instructions:

1. Put milk/heavy cream and sugar into a Ziplock bag and seal with tape.
2. Place the bag into the coffee can/container and surround with ice and ice cream rock salt.
3. Seal the can/container (secure with tape if needed).
4. Instruct your toddler to occasionally roll the container around the room for 30 minutes.
5. Check the to see if the ice cream has turned solid & enjoy a bowl of homemade ice cream.

Adventures Online

Krispy Kreme Tour

Look inside of Krispy Kreme's kitchen as they make doughnuts.

<https://www.youtube.com/watch?v=0UV8E7vWxhU>

Sensory Time

Play Dough Fun

What a fun sensory experience making your own play dough!

Materials:

- Medium sized bowl
- Spoon
- ½ cup of salt
- 1 cup of flour
- ½ cup of water
- Play dough materials (rolling pin, spoon, cookie cutters, etc.)

Instructions:

1. Pour the salt and flour into the bowl and mix.
2. Gradually add water to the bowl & add extra flour or water as needed to create the preferred consistency.
3. As you are mixing the play dough, talk about how the dry ingredients change as water is added. Use words such as dry, powdery, liquid, solid, sticky to describe the texture of the play dough.
4. Use the play dough materials to roll the dough & cut different shapes in the play dough.

Story Time

The Little Mouse, The Red Ripe Strawberry & The Big Hungry Bear

See what happens when Little Mouse & the Big Hungry Bear find out they both love strawberries.

Read Aloud: <https://www.youtube.com/watch?v=84owJ6-FkoQ&feature=youtu.be>

Arts and Creativity

3-D Pots and Pan

Have fun creating your own household appliances with items around your home.

Materials:

- Paper towel rolls
- Paper
- Boxes
- Water bottles
- String
- Milk cartons
- Juice boxes

Instructions:

1. Talk with your child about the different items they can find in the kitchen.
2. Use some of the materials to create pots, pans, dishes, & bowls. If you have bigger boxes, you can try to create a stove or refrigerator.